

Lost property

Please could all parents check for lost property in the dinner hall.

Anything unclaimed by half term will be disposed of.

Please also write your child's name in their clothing so we can easily return it.

Thank you

Book week.

Book week is next week, parents can come with their children to buy books

3.40 - 4.15pm

Nursery & Reception - Tuesday

KS1(Yr1/2) - Wednesday

(Yr3/4) - Thursday

(Yr5/6) - Friday

Plastic and paper bags will not be provided.

Menu for week beginning 13th October 2008



In partnership with



Menu 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Cheesy MSC Salmon & Pasta Bake	Pita Bread with Choice of Fillings Fruity Minced Lamb & Vegetable Tagine or Roasted Vegetables with Chick Peas, Cumin & Tomatoes - Served with Couscous	Cajun Chicken with Spiced Rice & Salad	Lamb Tikka Masala with Bombay Potatoes	MSC Baked Fillet of Fish in Whole Meal Crumb With Chips, Ketchup & Tartar Sauce
Vegetarian Option	Lentil & Aubergine "Jalfrezi" with Roasted Peppers & Steamed Rice		Hungarian Style Vegetable Goulash with Yogurt & New Potatoes	Vegetarian Lasagne	Tomato & Onion Quiche With Chips
Vegetables & Potato Option	Steamed Carrots Broccoli	Minted Cucumber Salad Sweet Corn Potato Wedges	Cabbage Carrots	Cauliflower Roasted Courgettes	Peas Roasted Tomatoes
Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day					
Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans					
Dessert	Baked Pears with Custard Yogurt Fresh Fruit Salad	Lemon Sponge with Cream Yogurt Fresh Fruit Salad	Mango & Orange Smoothie Yogurt Fresh Fruit Salad	Pear & Red Fruit Crumble with Custard Yogurt Fresh Fruit Salad	Yogurt Fresh Fruit Salad
Custard Served as an Accompaniment to All Hot Desserts					
Daily Additions	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection	Water, Milk Bread selection

Although Cater-Link makes every endeavour to eliminate the use of nuts in our food production, many of the ingredients supplied to us are

