

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Primary Menu

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Wee k 1	Main	Chicken Risotto	Beef and Red Pepper wholemeal Pizza with Roasted Vegetables	Roast Beef with Roast Potato's & Gravy	Chicken Tagine with Lemon & Mint Couscous with Flat Bread	Salmon Fishcake or Steamed Salmon Portion with Paprika Wedges
	Vegetarian	Bean and Lentil Burgers with Homemade Potato Wedges	Quorn and Vegetable Stir Fry with Noodles	Vegetable Wellington with Steamed New Potatoes & Gravy	Vegetable Tagine with Lemon & Mint Couscous with Flat Bread	Tomato, Spinach and Cheese Wholemeal Pasta Neapolitan
	Jacket	Jacket Potato with Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Tuna
	Veg	Sweetcorn Baked Tomatoes	Roasted vegetables and Green Beans	Cauliflower Broccoli	Roasted Butternut Squash Roasted Courgette	Baked Beans Garden Peas
	Dessert	Pear and Ginger Muffin Natural Yoghurt Fresh Fruit Salad	Apple, Cheese & Crackers Natural Yoghurt Fresh Fruit Salad	Natural Yoghurt Fresh Fruit Platter	Wholemeal Peach Crumble with Custard Natural Yoghurt Fresh Fruit Salad	Natural Yoghurt Fresh Fruit Platter
Wee k 2	Main	Lemon Turkey Stuffed Pitta Pouch served with a Couscous Salad	Chicken Arrabiata served with Wholemeal Pasta	Roast Turkey with Roast Potatoes & Gravy	Jamaican Rice with Beef & with Flat Bread	Mediterranean Fish with Chipped Potatoes
	Vegetarian	Mixed Bean Cassoulet with Rice	Roast Vegetable Wholemeal Pizza	Shepherdess Pie	Lentil and Sweet Potato Curry with 50/50 Rice	Spanish Omelette with Steamed New Potatoes
	Jacket	Jacket Potato with Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Tuna
	Veg	Green Beans Carrots	Mixed Roasted Peppers with onions	Cabbage Carrot and Swede Mash	Roasted Mixed Vegetables Courgettes	Baked Beans Garden Peas
	Dessert	Apple and Berry Strudel with Custard Natural Yoghurt Fresh Fruit Salad	Pear Sponge with Custard Natural Yoghurt Fresh Fruit Platter	Natural Yoghurt Fresh Fruit Salad	Wholemeal Fruity Shortbread with Natural Yoghurt Fresh Fruit Platter	Natural Yoghurt Fresh Fruit Salad
Wee k 3	Main	Beef Bolognese with Spaghetti	Beef Burger with Homemade Jacket Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Cajun Spiced Turkey with Wholemeal Penne Pasta	Breaded or Steamed Fillet of Fish served with Oven Chips
	Vegetarian	Quorn Mince Vegetarian Bolognese with Spaghetti	Cheese, Red Pepper & Tomato Wholemeal Quiche with Homemade Potato Wedges	Lentil and Vegetable Soya Roast with Steamed New Potatoes & Gravy	Soya and Bean Chilli with 50/50 Rice with Flat Bread	Chickpea and Vegetable Hotpot with Couscous
	Jacket	Jacket Potato with Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans
	Veg	Roasted Summer Vegetables Roasted Carrots	Tomato and Onion Slaw Sweetcorn	Red Cabbage Carrots	Green Beans Broccoli	Baked Beans Garden Peas
	Dessert	Lemon and Mixed Berry Cake Natural Yoghurt Fresh Fruit Salad	Pineapple Upside Down Cake with Custard Natural Yoghurt Fresh Fruit Platter	Natural Yoghurt Fresh Fruit Salad	Oaty Apple Crumble with Custard Natural Yoghurt Fresh Fruit Platter	Natural Yoghurt Fresh Fruit Salad

Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection