Visual Timetable for Home

A visual timetable can help some children with autism become more independent in their routines and help them understand what is happening next.

Print out the symbols and stick them on a piece of card in the order of what is happening.

For example:



*Some children will understand real photos better than symbols or might understand best if you show them 1 or 2 symbols at a time. Ask the school if you are not sure!

Visual Timetable for Home

Symbols for Morning Routines


Wake up


Brush Teeth


Breakfast


School bag


Make bed


Wash face

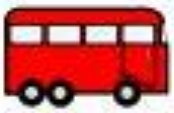

Get dressed


Coat


Jumper


Brush hair


Shoes


Bus


Walk

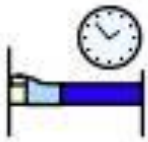

Scooter


Car


School

Visual Timetable for Home

Symbols for Evening Routines

 Homework	 Reading	 iPad	 Computer
 Snack	 Wash hands	 Dinner	 Tea
 Pyjamas	 Brush hair	 Shower	 Bath
 Wash face	 Play	 Story	 Bed time

Visual Timetable for Home

Going Out

 Park	 Library	 Shops	 Family
 Underground	 Train	 Zoo	 Surprise